

Finding UU La Crosse for YOU

Nurturing spirit

<u>Sunday Services:</u> Sundays feature speakers on relevant local social topics. Sunday service roles: members and friends plan service themes, act as facilitators, set up coffee and bring treats, count the collection, and greet people.

<u>Choir and special music</u> enhances Sunday Services with piano and soloists throughout the year, organized and led by our volunteers.

<u>Youth Religious Education:</u> Volunteer teachers are trained to teach or assist with Sunday RE classes, which are held September-May. Lessons and materials will be provided by our Director of Religious Education, and all teachers complete a background check prior to volunteering. In the summer, youth enjoy Park Play Time during services, for a chance to play, connect, and share quality time together!

<u>Adult Religious Education:</u> Movie nights at the UU with discussion. Some movies that have been discussed are *Harriet* and *My Sister's Keeper*. Monthly UU 101 sessions after service to engage new visitors, members and friends to learn about the Fellowship and Unitarian Universalism.

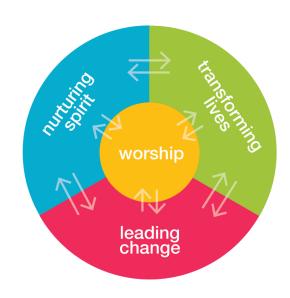
<u>Nursery:</u> The nursery is open from 9:45 to 11:45 September through June, as long as we have the required staff. We train paid staff and volunteers to care for our littlest friends during that time.

<u>Pastoral Care:</u> Our Affiliated Community Minister, Rev. Greg Jones, and our lay caregivers visit our members, make phone calls, send cards, and provide other acts of care.

Transforming lives

<u>Covenant groups</u> consist of 6-12 people who agree to meet regularly, once or twice a month, for a year to explore their spirituality, beliefs and stories, using discussion guides.

<u>Outdoor group</u> meets to explore the Coulee Region by foot, bike or paddle. Events are announced in the weekly newsletter.



<u>Trivia Team</u> Have fun at Trivia at Java Vino every Monday night at 7 pm. Try to arrive by 6:30 to get a seat at our UU table. (This is a pop-in group, not necessary to come every week.) Our table is usually around by the bar and the restrooms. All are welcome!

<u>Book Group</u> meets monthly to discuss books chosen by the attendees. It's facilitated by Congregational Administrator Heather McCracken.

<u>Building and Grounds projects:</u> Members help with landscaping, building upkeep and cleaning while having fun and keeping our space beautiful.

Annual Wyalusing Indoor Camping Weekend occurs in early summer with guided hikes, structured and unstructured activities at Wyalusing State Park near Prairie du Chien. Open to all, participants can reserve a spot in the bunkhouse or bring their own tent or camper, or just come for the day.

Leading change

<u>Tabling events</u>: We participate by having a table with information in support of events such as Juneteenth, La Crosse Pride, Folkfest and others.

<u>Voter Engagement Project:</u> The UU building served as a hub for voter registration and education.

<u>Warming Center:</u> UU folks volunteer at the Catholic Charities warming center during winter months.

<u>Kane Street Garden:</u> Members have built accessible raised beds at this large community garden, and continue to volunteer there.

<u>The UU Building</u> itself is available for members to use free of charge with permission from the Congregational Administrator.

<u>Green Sanctuary & Procession of the Species</u> Our first Procession of Species Celebration at a service in April 2023 was the unofficial start of our progress toward re-accreditation as a Green Sanctuary. Subsequent processions so far include the Myrick Park Earth Fair and Artspire downtown!

<u>Member Initiated Activities</u> in recent years have included a meditation group, a trivia night team, a plant circle, and Circle Suppers.

Social media presence

Website: www.uulacrosse.org

Facebook page: UU Fellowship of La Crosse Facebook group: UU La Crosse Members and

Friends

Breeze: uulacrosse.breezechms.com



Teams and contacts:

- Finance Team: Ingrid Iverson, finance@uulacrosse.org
- Stewardship Team: stewardship@uulacrosse.org
- Nominating Team: nominating@uulacrosse.org
- Social & Environmental Justice Team: Susan McParker & David Boen, sej@uulacrosse.org
- Youth RE: Carmen Golay, youthdre@uulacrosse.org
- Adult RE: Ingrid Iverson, adultre@uulacrosse.org
- Member Services: Heather McCracken, member@uulacrosse.org
- Building & Grounds: Carla Pena & John Zinn, building@uulacrosse.org
- Sunday Services & Music: Deborah Buffton, ssm@uulacrosse.org
- Choir: (Currently Hiring uulacrosse.org/jobs)

Resources that build our faith:

- UU World Magazine
- Weekly e-News
- Soul Matters monthly materials

Board of Trustees:

Principal governing body of UULaCrosse. Meets monthly, meetings are open to members. Donna Bauer, president. Contact board@uulacrosse.org

Affiliated Community Minister: Rev. Greg Jones revgreg@uulacrosse.org

Music Director: (Currently Hiring - uulacrosse.org/jobs)

Director of Religious Education: Carmen Golay youthdre@uulacrosse.org

Congregational Administrator: Heather McCracken admin@uulacrosse.org

