



"THE COURAGE TO BELONG"

GATHERING MUSIC "I Know I Can" STJ #1015 Lyrics: Dennis Hamilton. Music: Jeannie Gagne, music. Arr. by Mark Freundt. Caleb Willitz, piano; May Roussel, drums; Chelsea Musson, vocals. Video produced by Unitarian Universalist Church of Elgin.

WELCOME If you are visiting us for the first time, we're glad you're here! Visit uulacrosse.org/connect to tell us about yourself.

ANNOUNCEMENTS

COVENANT

We are a caring community that inspires, nurtures and empowers one another.

With trust, respect, and compassion, we strive to listen deeply, communicate clearly and act with love toward one another, our community and the world.

CHALICE LIGHTING **Brave Space** by Micky ScottBey Jones

Together we will create brave space / Because there is no such thing as a "safe space."

We exist in the real world / We all carry scars and we have all caused wounds.

In this space / We seek to turn down the volume of the outside world,

We amplify voices that fight to be heard elsewhere, We call each other to more truth and love,

We have the right to start somewhere and continue to grow. We have the responsibility to examine what we think we know. We will not be perfect. This space will not be perfect. It will not always be what we wish it to be / But / It will be our brave space together, and / We will work on it side by side.

OPENING SONG "Here We Have Gathered" STLT #360 Music: Genevan Psalter. Words: Alicia S. Carpenter.

TIME FOR ALL AGES "The Big Umbrella" by Amy June Bates

SILENT MEDITATION

MEDITATION MUSIC "Speigel em Speigel" by Arvo Part. Melanie Matchett, cello.

JOYS & SORROWS To share your Joys & Sorrows: in the Participants window click "Raise Hand" or type, "I'd like to share" in the Chat and we'll call on people to speak.

READING from *Community: The Structure of Belonging* by Peter Block

TESTIMONIALS "The Courage to Belong" with Kathy Schnitzius, Kristie Neve, Susan McParker, and Ryan Farkas

CONGREGATIONAL REFRAIN "Come, Come, Whoever You Are" STLT #188 Music: Lynn Adair Ungar. Lyrics: Adapted from Rumi.

OFFERTORY "Thanks Be for These" Hungarian melody, arr. by Joyce Timmerman Gilbert.

Visit uulacrosse.org/waystogive to make pledge payments, contributions to our general fund or to this month's special collection. This month's special collection supports The Warming Center.

CLOSING SONG "Break Not the Circle" STLT#323 Music: Thomas Benjamin. Lyrics: Fred Karan.

CLOSING WORDS "Bring Happiness" by Barbara Cheatham

Before we gather here again– may each of us bring happiness into another's life;

may we each be surprised by the gifts that surround us; may each of us be enlivened by constant curiosity– And may we remain together in spirit til the hour we meet again.

CHALICE EXTINGUISHING "We Extinguish this Flame" by Elizabeth Selle Jones

We extinguish this flame but not the light of truth, the warmth of community, or the fire of commitment. These we carry in our hearts until we are together again.

POSTLUDE "Let All the Beauty We Have Known" English melody adapted, and harmony by Ralph Vaughan Williams.

COFFEE TALK

Please join us Next Sunday, October 9 at 10 AM!

"Facing Mental Illness With Courage" with Heather Schmidtknecht